



## **Circus Oz Workshops THINGS TO KNOW!**

**Find us:** Circus Oz, 35 Johnston St, Collingwood (classes and workshops entrance).

Enter via the carpark gates, next to the Keith Haring mural, turn right before the Melba Spiegeltent and follow the walkway around to the left to our big glass doors.

**Wear:** Comfortable clothing suitable for moving in, preferably not jeans. Please tie back long hair and remove jewellery and watches.

**Bring:** Water bottle.

**Fitness and mobility:** We aim to include people at all levels, offering alternatives to challenging activities where required. Trainers will encourage full participation but also ask the group to self-monitor and listen to their own bodies. Participants or teachers should notify trainers about existing injuries or relevant medical conditions on the day.

We hope you have a fun, memorable and inspiring workshop with us.

[www.circusoz.com](http://www.circusoz.com)